



E-Mail: [kelly@disdance.com.au](mailto:kelly@disdance.com.au)  
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*Classes conducted at Rouse Hill High's Movement Studio unless otherwise stated*

Monday		
Time	Level	Style
5:00pm - 5:45pm	Intermediate	Contemporary
5:45pm - 6:30pm	Intermediate	Cheer Dance
6:30pm - 7:15pm	Senior	Hip Hop

Tuesday		
Time	Level	Style
5:00pm - 5:45pm	Intermediate	Jazz
5:45pm - 6:30pm	Intermediate	Hip Hop
6:30pm - 7:15pm	Adult	Jazz
7:15pm - 8:00pm	Adult	Hip Hop

Wednesday		
Time	Level	Style
3:45pm - 4:30pm	Tiny Tots	Move 'n' Groove
4:00pm - 4:45pm	Advanced Junior	Cheer Dance (FL)
4:30pm - 5:00pm	Junior	Ballet
4:45pm - 5:30pm	Advanced Junior	Hip Hop (FL)
5:00pm - 5:30pm	Junior	Jazz
5:30pm - 7:00pm	Senior	Combo Class
5:30pm - 6:15pm	Advanced Junior	Jazz (FL)
7:00pm - 7:45pm	Senior/Adult	DIS FIT

Thursday		
Time	Level	Style
4:15pm - 5:00pm	Tiny Tots	Combo Class
5:00pm - 5:30pm	Junior	Hip Hop
5:00pm - 6:00pm	Junior/Advanced Junior	Boys Hip Hop/Fitness (FL)
5:30pm - 6:00pm	Junior	Cheer Dance
6:00pm - 7:00pm	OPEN	Acro & Breakdancing

\*Classes with (FL) indicate they are held in the FITNESS LAB